Affiliated to ASA London Region and ASA Laws and FINA Technical Rules of Swimming



# 125<sup>TH</sup> ANNIVERSARY EASTER INTERNATIONAL OPEN 2018

#### **LEVEL 1 LICENSED LONG COURSE OPEN MEET**

LICENCE NO. 1LR180255

FRIDAY 30<sup>TH</sup> MARCH, SATURDAY 31<sup>ST</sup> MARCH AND SUNDAY 1<sup>ST</sup> APRIL

LONDON AQUATICS CENTRE, QUEEN ELIZABETH OLYMPIC PARK, STRATFORD, LONDON

#### PROMOTER'S CONDITIONS

#### **Meet Level**

 The Meet is licensed at Level 1, Licence number 1LR180255, and will be run under ASA laws, FINA Technical Rules of Swimming and these promoter's conditions. Entries from swimmers who are members of clubs affiliated to FINA and meet the entry criteria will be considered.

#### **Age Groups**

2. The competition will be swum in the following age bands: 10/11, 12, 13, 14, 15, 16, 17/Over for all 50m, 100m, 200m, 400m events. The 800m & 1500m races with be swum as Open event. All ages determined as at Midnight 31 December 2018

#### Pool

3. The competition will be held in a 10 lane, 50m pool with anti-wave lane ropes. Electronic timing and display will be in operation.

#### **Events and Entries**

- 4. Events for all ages are 50m, 100m, 200m (all strokes), 400m Freestyle & 400m Individual Medley.
- 5. The 800m/1500m races will be run as an Open Category. There will be a maximum of 8 heats of the 800m and a maximum of 4 heats of the 1500m with the fastest swimmers regardless of age accepted. If all heats are fully subscribed a reserve list will be in operation and any places will be offered to the fastest swimmer first and then to the next fastest swimmer and so on until there is a full heat. All swimmers who are accepted are requested to advise the organizer at the earliest opportunity if they are no longer able to swim in order that their lane can be filled. Your cooperation in this is greatly appreciated.
- 6. For clubs entering more than 3 swimmers electronic entries will be required (Sportsystems). Entries can be submitted on the official individual entry form, details of which will be on the Beckenham Swimming Club website <a href="http://www.beckenhamswimmingclub.com/">http://www.beckenhamswimmingclub.com/</a>. Entries not submitted electronically will incur a charge of £5.00 per competitor. Clubs entering 5 or more swimmers are requested to provide at least one qualified licensed official at J1 level, or higher. For overseas clubs who may not be able to access Sportsystems, please contact the promoter directly regarding their entries.
- 7. Entries will be accepted up to and including the **closing date of Friday 2<sup>nd</sup> February 2018** (midnight). Entries received by this date will be considered for the meet if ALL payments and paperwork due are ALSO received by the Promoter before 1pm on Monday, 5<sup>th</sup> February 2018. In the event of a dispute on this point only, it shall be up to the entering club to demonstrate that this condition has been strictly met.
- 8. If the Meet is oversubscribed, subject to the Promoter accepting all entries of visiting clubs from outside the UK (insofar as their swimmers have met the qualifying times for the meet, see Condition 18), the Promoter shall restrict entries to the fastest/individual ages received whilst seeking to ensure that every age is adequately represented in each event.
- 9. Time Trials will not be permitted. If however there are spare lanes in the first heats of any event, the promoter may allow Beckenham SC swimmers to swim in those empty lanes as time trialists as long as they have reached the relevant qualifying time.

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#### **Fees and Payment**

- 10. The entry fee is £7.00 per event except for the 800/1500m freestyle which will be £12.00.
- 11. Coach and Chaperone passes are £10 for (Friday), £20.00 per day (Saturday and Sunday). Passes will entitle a holder to; be allowed onto the poolside concourse, a programme and refreshments. Only swimmers and those displaying a coach/chaperone pass will be allowed on the poolside concourse. Clubs should please use the Coach/Chaperone pass application with these conditions to apply for passes. Payment for entries and coach passes must be made by a single payment
- 12. Please effect payment as follows:
  - If paying by cheque, please make them payable to "Beckenham Swimming Club" and NOT "BSC".
  - If paying online (via BACS), please use the following details:

Beckenham Swimming Club, NatWest Bank

Sort Code: 60-02-12 Account No.: 53704487

Please reference payment as ENTERING Club name/OPEN

#### **Spectator Entry**

13. Spectator entry will be by a coded wrist-band and will be charged at £10.00 per day or £4 per session. Spectators will be charged at the higher rate for each session (£10 if you enter in Sessions 2 & 5, £8 if you enter in Sessions 3 & 6) and refunds will be given accordingly as long as the spectator leaves before the start of the next Session.

There will be no spectator charge for Friday evening / Session 1. Children under the age of 10 will gain entry free of charge.

#### **Programmes**

14. Programmes will be available on our website 1 week in advance of the event. Please think of the environment and only print out the pages you need.

#### **The Competition**

15. Over the Top Starts may be operated at the discretion of the Promoter (except for backstroke). The heats will be run with all ages seeded together and the final heat of each event will be spearheaded. All events will be swum on a 'Heat Declared Winner' basis.

#### **Awards and Trophies**

- 16. The following shall apply:
  - Medals will go to the top three places in each age group for each event.
  - There will also be an award for the Top Visiting Club.

#### **Data Protection**

17. Meet entries will be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet shall be treated as being given by the submission of your entries, as shall your consent for such details to be published both during and after the Meet.

#### **Qualifying Times**

18. There are Qualifying Times for this Meet. Submitted times for home swimmers (members of ASA, WASA, SASA)

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MUST be equal to or faster than the Qualifying Times, have been achieved since 1<sup>st</sup> January 2017 and be verified on Rankings. **Please submit 50m pool times**. Short Course times may be submitted provided they have been converted in accordance with ASA Equivalent Performance Tables.

Non-Domestic Swimmers: Swimmers who are not a member of a Swim England, WASA or SASA club and are members of clubs affiliated to FINA are welcome to compete at this meet, provided they meet the qualifying standard above. Qualifying times must be recorded in the FINA Long Course Rankings or Swim News Long Course Rankings or in official results from a National Governing Body sanctioned competition in a 50m pool and be achieved from 1<sup>st</sup> January 2017.

Improved times will not be accepted after 2 February 2018.

#### **Photography**

19. Anyone wishing to take still or digital photography (including using mobile phones to do this) must do so in accordance with the ASA Child Safeguarding Policy and Procedures (Wavepower). Flash photography is prohibited at all times.

#### Food, Drinks and Refreshments at the LAC

- 20. We ask that all attendees of this event respect and comply with the following:
  - Spectators are NOT permitted to bring any food/drinks/refreshments into the facility, regardless of purpose or intent. Only refreshments that have been purchased on site may be consumed in the communal areas and spectators seating areas.
  - Swimmers/Coaches/Poolside officials are permitted to bring food/drink/refreshments into the facility.
  - It is preferred that any food/drinks/refreshments brought into the facility are consumed in the changing rooms, communal areas and spectators seating area.
  - The consumption of food/drinks/refreshments on the poolside/deck is not preferred but is not prohibited.
     Swimmers/coaches/club supervisors are considered responsible for the management/collection of any waste produced.

#### **Administration of the Meet**

- 21. There shall be 7 sessions. A card-less entry system shall be used. Swimmers must **sign in** at the relevant desk at least 1 hour before the start of the session. Failure to sign in within the stipulated time shall cancel the swimmer's right to compete, and they will only be allowed to swim if there is a spare lane available.
- 22. Swimmers in the first event of each session MUST report to the clerks of the course at least 10 minutes before the start of the session, and others at least one event before the start of the event in which they are swimming. Swimmers and their coaches are responsible for ensuring they report to the clerks of the course on time.
- 23. The promoter reserves the right to refuse admission to any spectator, coach, chaperone or swimmer. Conditions not covered in these competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the promoter.
- 24. Entries should be sent as follows:

By Post to: Mrs. L Davison, 43 Oakwood Avenue, Beckenham, BR3 6PT

Email Address: openmeets@beckenhamswimmingclub.com

CLOSING DATE: Friday 2<sup>nd</sup> February 2018 (midnight). ALL paperwork AND payment(s) must then be received by the Promoter before 1pm on Monday 5<sup>th</sup> February 2018.

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LONDON AQUATICS CENTRE, QUEEN ELIZABETH OLYMPIC PARK, STRATFORD, LONDON

#### **PROGRAMME**

## FRIDAY 30<sup>TH</sup> MARCH 2018

#### **SESSION 1**

Sign In will Close at:16.55hrsSession Starts:17.40hrsCombined Warm Up:17.00 – 17.30hrsExpected Finish:20.30hrs

Event 1 Girls 800m Freestyle Event 2 Boys 1500m Freestyle

### **SATURDAY 31<sup>ST</sup> MARCH 2018**

SESSION 2 SESSION 3 SESSION 4

Sign In Book Closes at: Warm Up for Boys: Warm Up for Girls:		08.10hrs 08.00-08.30hrs 08:30-09.00hrs	Sign In Boo Warm Up fo Warm Up fo	or Girls: TBC	Sign In Boo Warm Up fo Warm Up fo	•
Start:		09.10hrs	Start:	ТВС	Start:	TBC
Event 3	Boys 400	m IM	Event 8	Girls 400m Freestyle	Event 13	Boys 100m Freestyle
Event 4	vent 4 Girls 200m IM		Event 9	Boys 200m Freestyle	Event 14	Girls 200m Butterfly
Event 5	5 Boys 100m Butterfly		Event 10	Girls 200m Breaststroke	Event 15	Boys 100m Backstroke
Event 6	ent 6 Girls 200m Backstroke		Event 11	Boys 50m Butterfly	Event 16	Girls 50m Breaststroke
Event 7	Event 7 Boys 100m Breaststroke		Event 12	Girls 50m Backstroke	Event 17	Boys 50m Freestyle

## **SUNDAY 1<sup>ST</sup> APRIL 2018**

SESSION 5 SESSION 6 SESSION 7

Sign In Book Closes at: Warm Up for Girls: Warm Up for Boys: Start:	08.10hrs 08.00-08.30hrs 08:30-09.00hrs 09.10hrs	Sign In Bool Warm Up fo Warm Up fo Start:	or Boys: TBC	Sign In Boo Warm Up fo Warm Up fo Start:	or Girls: TBC
Event 21 Boys 200		Event 23 Event 24 Event 25 Event 26 Event 27	Boys 400m Freestyle Girls 200m Freestyle Boys 200m Breaststroke Girls 50m Butterfly Boys 50m Backstroke	Event 28 Event 29 Event 30 Event 31 Event 32	Girls 100m Freestyle Boys 200m Butterfly Girls 100m Backstroke Boys 50m Breaststroke Girls 50m Freestyle

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LONDON AQUATICS CENTRE, QUEEN ELIZABETH OLYMPIC PARK, STRATFORD, LONDON

#### **Qualifying Times**

Age as at 31 December 2018

Please use Long Course times. Conversions from Short Course to Long Course will be accepted.

#### ENTRY TIMES MUST BE EQUAL TO, OR FASTER THAN THESE TIMES

BOYS							
Event	10/11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs/Ov
50m Freestyle	37.00	34.90	33.00	31.30	29.70	28.70	28.40
100m Freestyle	1:18.80	1:13.70	1:09.80	1:06.90	1:04.40	1:02.60	1:01.50
200m Freestyle	2:51.30	2:40.80	2:32.60	2:25.60	2:20.70	2:16.30	2:13.70
400m Freestyle	5:56.00	5:38.10	5:21.80	5:07.00	4:57.60	4:49.10	4:44.60
1500m Freestyle			OPE	N QT: 22.20.5	50		
50m Breaststroke	48.20	44.60	41.80	39.70	37.80	36.80	35.80
100m Breaststroke	1:41.50	1:34.70	1:28.80	1:24.60	1:21.40	1:18.90	1:17.00
200m Breaststroke	3:39.10	3:25.20	3:12.50	3:02.50	2:55.40	2:51.60	2:47.00
50m Butterfly	40.80	38.10	35.90	34.00	32.20	31.40	30.60
100m Butterfly	1:27.70	1:21.50	1:16.80	1:12.80	1:09.80	1:07.80	1:06.50
200m Butterfly	3:12.50	2:59.90	2:49.90	2:40.90	2:34.40	2:30.40	2:27.60
50m Backstroke	43.20	40.50	38.20	36.10	34.50	33.50	32.70
100m Backstroke	1:29.80	1:24.10	1:19.20	1:15.00	1:12.20	1:10.30	1:09.30
200m Backstroke	3:12.00	3:00.70	2:50.30	2:42.30	2:36.00	2:31.40	2:28.60
200m IM	3:14.30	3:02.80	2:52.70	2:44.80	2:38.40	2:33.90	2:31.00
400m IM	6:50.80	6:26.70	6:06.40	5:49.30	5:36.20	5:27.60	5:22.60

GIRLS							
Event	10/11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs/Ov
50m Freestyle	37.30	35.40	34.00	32.90	32.20	31.90	31.80
100m Freestyle	1:19.30	1:15.20	1:12.70	1:10.70	1:09.60	1:08.80	1:08.10
200m Freestyle	2:51.30	2:42.50	2:36.20	2:32.10	2:29.10	2:27.50	2:25.80
400m Freestyle	5:56.40	5:38.80	5:26.30	5:18.00	5:12.80	5:09.20	5:06.30
800m Freestyle OPEN QT: 11.39.00							
50m Breaststroke	47.80	45.00	43.10	41.50	40.60	40.10	38.80
100m Breaststroke	1:41.60	1:35.20	1:30.80	1:28.50	1:27.50	1:26.10	1:25.20
200m Breaststroke	3:36.60	3:24.60	3:15.50	3:09.50	3:06.70	3:05.80	3:04.00
50m Butterfly	40.70	38.60	36.70	35.70	34.80	34.20	34.20
100m Butterfly	1:27.90	1:22.60	1:19.10	1:17.20	1:15.50	1:14.80	1:14.00
200m Butterfly	3:12.60	3:01.70	2:53.50	2:48.00	2:45.70	2:43.30	2:41.30
50m Backstroke	43.10	40.90	39.40	38.00	37.00	36.60	36.30
100m Backstroke	1:29.90	1:24.50	1:21.70	1:19.60	1:17.90	1:17.10	1:16.30
200m Backstroke	3:11.00	3.00.60	2:54.30	2:49.80	2:45.80	2:43.90	2:42.80
200m IM	3:14.30	3:03.30	2:56.80	2:52.30	2:48.90	2:46.90	2:45.50
400m IM	6:47.30	6:24.90	6:10.60	6:02.00	5:55.20	5:50.80	5:48.70

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LONDON AQUATICS CENTRE, QUEEN ELIZABETH OLYMPIC PARK, STRATFORD, LONDON

	Event  50m Butterfly  100m Butterfly  200m Butterfly  50m Backstroke	ease delete as appropriate)	
	Event  50m Butterfly 100m Butterfly 200m Butterfly 50m Backstroke	·	
	Event  50m Butterfly  100m Butterfly  200m Butterfly  50m Backstroke		
	Event  50m Butterfly  100m Butterfly  200m Butterfly  50m Backstroke		
Entry Time	50m Butterfly 100m Butterfly 200m Butterfly 50m Backstroke	Entry Time	
	100m Butterfly 200m Butterfly 50m Backstroke		
	200m Butterfly 50m Backstroke		
	50m Backstroke		
	1		
	100m Backstroke		
1500m Freestyle *			
	200m IM		
	400m IM		
£			
£			
£	TOTAL	£	
	£	££	

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#### **CLUB SUMMARY SHEET**

CLUB NAME:							
No. of Female Competitors							
No. of Male Competitors							
TOTAL NO. OF ENTRIES							
TOTAL NO. OF ENTRIES		@ £12.00 = £					
No. of Competitors (not en	tries) using paper						
Coach/Chaperone Passes	(Friday)	@ £10.00	= £				
Coach/Chaperone Passes	(Saturday)	@ £20.00	= £				
Coach/Chaperone Passes	(Sunday)	@ £20.00	= £				
		Total Fees	= £				
entry form, payment and  If making electronic entrie  "Beckenham Swimming  If paying online, please use Beckenham Swimming Club Sort Code: 60-02-12 / Accor  Please reference payment a	any other forms are sent to the specific process, please ensure that this form g Club" (please do not abbrevious the following details:  (NatWest Bank)  Junt No.: 53666615  Just ENTERING Club name/OPEN	te Promoter (see below) such 2018. I and any others, and if paying ate), are sent to: Mrs. L. Davi and email openmeets@beck	making paper entries, please ensure your individual a that she receives them by midnight on <b>2 February</b> g by a cheque a single club cheque made payable to son, 43 Oakwood Avenue, Beckenham, BR3 6PT.   Kenhamswimmingclub.com to confirm online m on Monday, 5 February 2018				
		<u>Declaration</u>					
	igible competitors and are reg t the Promoters Conditions.	istered members of the club	named below.				
Signed		Date					
Club Official		Club					
Address							
Fmail Address (IN CAPITAL	I FTTERS DI FASE).						

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#### **OFFICIALS FORM**

am a registered qualified licenso	ed Official(p.	lease state capacity) and I am willing to officiate.
NAME:		
CLUB:		
ASA NO:		
TEL NO:		
	SESSIONS I CAN DO:	
ı	Friday – <b>Session 1</b>	
5	Saturday - Session 2	
9	Saturday - <b>Session 3</b>	
9	Saturday – <b>Session 4</b>	
\$	Sunday – <b>Session 5</b>	
9	Sunday – <b>Session 6</b>	
9	Sunday – <b>Session 7</b>	

#### **THANK YOU**

Please return this form via email to David Ziwa - davidziwa@hotmail.com

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#### **COACH/CHAPERONE PASS APPLICATION**

(a form must be filled out for each person requiring a pass)

NAME:									
С	CLUB:								
А	ASA NO:								
С	CRB/DBS DISCLOSURE NO								
D	DATE OF CRB/DBS CHECK CERTIFICATE:								
Frid	lav [	Satu	rday	П	Sunday	П			
	, .		-	appropriate	,				
ALLOWED TO WAL	WITH (	JND THE POOL CONCOUR CLEAN CURRENT ASA CRB	SE. /DBS C	HECKS WILL BE ALLOWE	D UNRESTE	/ELFARE; THEY WILL NOT BE RICTED ACCESS TO ALL AREAS HEIR CURRENT ASA CRB/DBS			
		LABLE AT THE MEET AND ( UARD THE WELFARE OF A				FORM OF PHOTOGRAPHIC ID. T.			
PRICES:									
Coach/Chaperone I	Pass	(Friday)	£10.00	)					
Coach/Chaperone I	Pass	(Saturday)	£20.00	)					
Coach/Chaperone I	Pass	(Sunday)	£20.00	)					

No applications will be considered after 23 February 2018, and no passes will be issued at the meet.